

**BOLDT**®
BUILD BOLDLY

CASE STUDY

# ADVOCATE OUTPATIENT COLLABORATIVE (AOC)

How the AOC IPD Super Team Redefined Healthcare Project Delivery to Achieve Breakthrough Success in Every Category

# LEAN, INTEGRATED APPROACH TO **HEALTHCARE CONSTRUCTION**

Advocate Health Care, (now Advocate Health), had a strategic plan to enhance outpatient care across the Chicago area by establishing 50 outpatient centers within a span of 10 years. The goal was to improve healthcare accessibility for the community. In 2014, they formed a collaborative design and construction team under the Integrated Lean Project Delivery arrangement, which included Boldt, HDR, IMEG, and essential trade partners.

#### **CHALLENGE**

The challenge was multifaceted: they aimed to design a new patient care model that would enhance the patient experience and outcomes, reduce the time spent on primary care visits while increasing face-to-face time with providers, and standardize the program using lean six sigma to ensure efficiencies in repeatability and scalability of architectural design. They also set out to rigorously document KPIs to facilitate continuous improvement, lower costs, reduce waste, improve quality, and speed up schedules from one project to the next, all while achieving 100% compliance with the Healthy Spaces Roadmap and meeting goals for MBE/WBE participation.

#### **SOLUTION**

The solution involved visioning sessions to create a new care model using operational data to refine operational efficiencies, prefabrication and modular construction to quicken schedules, and adaptive reuse of existing structures to cut down on construction time and cost. Design standards were developed for repeatable, scalable uniformity, and an internal evaluation and lessons learned feedback loop was established to foster continuous improvement.

### **RESULTS**

The results were impressive: an average cost savings of 8%, with some projects achieving greater than 20% savings; prefabrication spend of 21.9% against a target of 14.7%; avoidable change orders at 0.43% versus a target of 1.6%; full compliance with the Healthy Spaces Roadmap; 19% MBE/WBE participation, surpassing the 14.7% goal; primary care visit times reduced from over an hour to 36 minutes; and patient satisfaction scores of over 90%. These outcomes highlight Advocate Health's successful strategy in expanding outpatient care, which not only met but exceeded their objectives, providing superior healthcare services while promoting sustainability and community involvement.



## **KEY OUTCOMES**

8% average cost savings across entire program

Five projects achieved > 20% cost savings

21.9% prefabrication spend, beating a target goal of 14.7%

100% compliance with AH's Healthy Spaces Roadmap for sustainable design and construction

0.43% avoidable change orders, beating a target goal of 1.6%

19% XBE participation, beating a target goal of 14.7%

Primary care visit times reduced from more than one hour to 36 minutes on average

>90% patient satisfaction scores

21% projects were adaptive reuse of existing facilities

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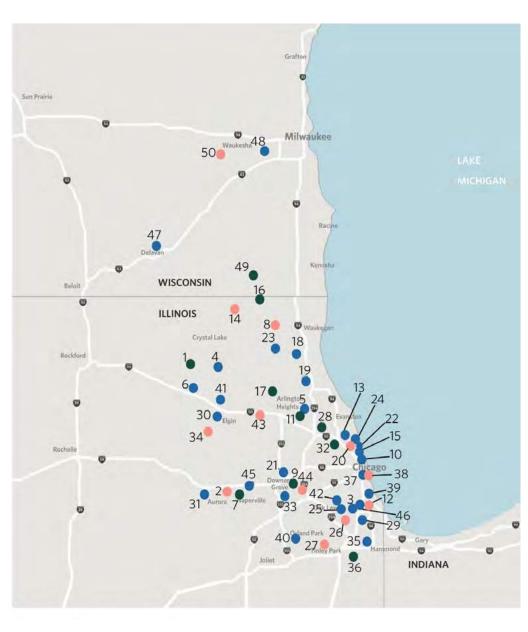








## **OUTPATIENT CENTER LOCATIONS**



OUTPATIENT CENTERS COMPLETED THROUGH 2021

OUTPATIENT **CENTERS COMPLETE IN 2022**  OUTPATIENT **CENTERS IN 2023** AND AFTER

#### ILLINOIS

- AOC Algonquin
- AOC Naperville Freedom Drive
- AOC Christ POB
- AOC Crystal Lake
- AOC Des Plaines
- AOC Huntley
- 7. AOC Drever Naperville
- AOC Gurnee
- 9. AOC Good Samaritan
- 10. AOC Halsted
- AOC DP Retail Imaging 11.
- AOC Imani Village
- 13. AOC Irving Western
- AOC Lakemoor 14
- 15. AOC Lakeview
- 16. AOC Lake Villa
- AOC Lake Zurich Exp 17.
- 18. AOC Libertyville
- AOC Lincolnshire 19.
- 20. AOC Webster Ave
- 21. AOC Lombard
- 22. AOC Montrose
- 23. AOC Mundelein
- 24. AOC North Broadway
- 25. AOC Oak Lawn
- 26. AOC Oak Lawn Cardio Exp
- 27. AOC Tinley Park Peds Sub Exp
- 28. AOC Park Ridge
- 29. AOC Pullman Park
- 30. AOC Randall Road
- 31. AOC Sequoia
- 32. AOC Six Corners
- 33. AOC South Downers Grove
- 34. AOC South Elgin
- 35. AOC South Holland
- 36. AOC South Sub
- 37. AOC Sykes
- 38. AOC Sykes Oncology Infusion
- 39. AOC Trinity
- 40. AOC Orland Park
- 41. AOC West Dundee
- 42. AOC Burbank
- 43. AOC Hoffman Estates
- 44. AOC Westmont
- 45. AOC Naperville
- 46. ACC Beverly

#### WISCONSIN

- 47. AOC Delavan
- 48. AOC New Berlin
- 49. AOC Paddock Lake
- 50. AOC SW Waukesha

50 projects have been completed, or are in construction, totaling more than 700,000 SF.

Adaptive Reuse

Tenant Improvement

34% New construction









21% of all projects in the AOC program were adaptive reuse, including former sporting goods, book and grocery stores.





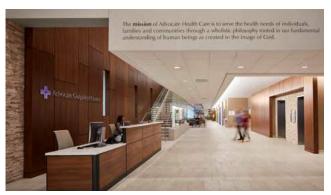


The team leveraged the full spectrum of prefabrication, from MEP racks, to slide-in rooms pods, to full volumetric modular builds.















Consistent design elements allowed for repeatability and scalability across the program, creating further efficiencies in design, constructability and cost.

Interested in learning more about lean construction, prefabrication, or adaptive reuse in healthcare?



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